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## Physiotherapy and Sports Massage

McClelland Centre, Charles Hastings Building

City Campus, Infirmary Walk

Worcester, WR1 3AS

01905 857521

email: [enquiries@206therapy.co.uk](mailto:enquiries@206therapy.co.uk)

## Online Appointments

Prior to the appointment your therapist will have been in contact by email or phone to confirm the best method of contact for you, as well as the date and time of the session.

- Depending on where your problem is, for part of the examination we may need to ask you to remove some items of clothing, so we can see the area of your body where the symptoms are and how it moves. Please help us by being prepared, wear appropriate clothing e.g leggings /shorts/strappy vest tops/sports bras.
- If possible, it would be helpful for there to be someone with you for a least part of the appointment, to control the device camera so we can see your movements/exercises from different angles.
- The session rate will be £30 for the first 30 mins, then £10 for every 15 mins thereafter.
- We ask for a minimum **pre payment** of £30. This can be paid via BACS. Your physiotherapist will provide you with their details.
- If any exercises have been given, your therapist will email your program to you after the session.
- **New Clients-**  
We will have emailed you an information form, as well as a consent form, can you complete and return both prior to the appointment. If you would feel more comfortable, we can arrange for this to be sent through and returned via Egress.
- **Current Clients-**  
You have previously completed one of our consent forms, can you confirm by return of email ([enquiries@206therapy.co.uk](mailto:enquiries@206therapy.co.uk)) that you are happy to have this online assessment/treatment.
- If you have any further questions prior to the appointment do contact us by email- [enquiries@206therapy.co.uk](mailto:enquiries@206therapy.co.uk).

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